

Daughter Kneads Mother Ingredients and Nutrition Guide

Estimated values for the 56 loaf catalog using a 50 g serving

MENOMONEE FALLS WISCONSIN



Calculation Notes

Ingredient statements are ordered by formula weight. Nutrition estimates include required panel nutrients and use standard label-style rounding. The FDA describes serving size as a household measure followed by its metric amount; use an accurate household description such as “1 slice (50 g)” only after confirming your actual slice weight. Purchased multi-ingredient foods must declare their component ingredients.

Reference Sources

U.S. Food and Drug Administration Food Labeling Guide; FDA Nutrition Facts Label resources; FDA Serving Size on the Nutrition Facts Label. Accessed September 2026.

Traditional Country Sourdough

Serving basis: 1 slice (50 g) | about 17 servings per loaf | estimated finished loaf weight 870 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	225mg	10%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	34mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Rustic White Sourdough

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 880 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	225mg	10%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	33mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Honey Wheat Sourdough

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 920 g

Draft Ingredient Statement

Ingredients: water, whole wheat flour [copy exact flour subingredients], bread flour [copy exact flour subingredients], sourdough starter (bread flour [copy exact flour subingredients], water), honey, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	1%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	215mg	9%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	2g	7%	Estimated
Total Sugars	1g	—	Estimated
Includes Added Sugars	1g	3%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	7mg	1%	Estimated
Iron	1mg	7%	Estimated

Potassium	68mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Whole Wheat Sourdough

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 910 g

Draft Ingredient Statement

Ingredients: whole wheat flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	100	—	Estimated
Total Fat	0.5g	1%	Estimated
Saturated Fat	0g	1%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	220mg	9%	Estimated
Total Carbohydrate	22g	8%	Estimated
Dietary Fiber	3g	11%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	10mg	1%	Estimated
Iron	1mg	6%	Estimated

Potassium	103mg	2%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Multigrain Sourdough

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 910 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), multigrain blend, whole wheat flour [copy exact flour subingredients], fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	1%	Estimated
Saturated Fat	0g	1%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	215mg	9%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	5%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	6mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	50mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Oatmeal Honey Sourdough

Serving basis: 1 slice (50 g) | about 19 servings per loaf | estimated finished loaf weight 950 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), old fashioned oats, whole wheat flour [copy exact flour subingredients], honey, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	1%	Estimated
Saturated Fat	0g	1%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	210mg	9%	Estimated
Total Carbohydrate	25g	9%	Estimated
Dietary Fiber	1g	5%	Estimated
Total Sugars	1g	—	Estimated
Includes Added Sugars	1g	3%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	7mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	50mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Seeded Sourdough

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 910 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), mixed seeds, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	2.5g	3%	Estimated
Saturated Fat	0.5g	2%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	215mg	9%	Estimated
Total Carbohydrate	22g	8%	Estimated
Dietary Fiber	1g	5%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	10mg	1%	Estimated
Iron	2mg	8%	Estimated

Potassium	59mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Soft Sourdough Sandwich Bread

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 900 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), butter, honey, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	1.5g	2%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	1%	Estimated
Sodium	220mg	10%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	1g	—	Estimated
Includes Added Sugars	1g	2%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	34mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Sourdough Pullman Loaf

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 900 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), butter, sugar, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	2g	2%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	1%	Estimated
Sodium	220mg	9%	Estimated
Total Carbohydrate	25g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	1g	—	Estimated
Includes Added Sugars	1g	3%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	33mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Sourdough French Bread

Serving basis: 1 slice (50 g) | about 17 servings per loaf | estimated finished loaf weight 870 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	225mg	10%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	34mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Sourdough Boule

Serving basis: 1 slice (50 g) | about 17 servings per loaf | estimated finished loaf weight 870 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	225mg	10%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	34mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Sourdough Batard

Serving basis: 1 slice (50 g) | about 17 servings per loaf | estimated finished loaf weight 870 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	225mg	10%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	34mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Jalapeño Cheddar

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1040 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sharp cheddar or, sourdough starter (bread flour [copy exact flour subingredients], water), jalapeño, fine sea salt, garlic powder.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	3%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	225mg	10%	Estimated
Total Carbohydrate	20g	7%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	44mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	41mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Roasted Garlic Parmesan

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1010 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), grated parmesan, roasted garlic cloves, fine sea salt, italian herbs.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	1.5g	2%	Estimated
Saturated Fat	1g	4%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	1%	Estimated
Sodium	260mg	11%	Estimated
Total Carbohydrate	22g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	5g	9%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	55mg	4%	Estimated
Iron	1mg	7%	Estimated

Potassium	44mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Everything Bagel

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 900 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), everything bagel seasoning [copy subingredients from package], fine sea salt.

Contains: Wheat, Sesame.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	220mg	9%	Estimated
Total Carbohydrate	23g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	33mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Asiago Herb

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 990 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, asiago, sourdough starter (bread flour [copy exact flour subingredients], water), italian herb blend, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	3%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	245mg	11%	Estimated
Total Carbohydrate	21g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	9%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	44mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Cheddar Chive

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1000 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sharp cheddar, sourdough starter (bread flour [copy exact flour subingredients], water), chives, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	3%	Estimated
Saturated Fat	1.5g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	235mg	10%	Estimated
Total Carbohydrate	21g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	9%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	45mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Bacon Cheddar

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1070 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sharp cheddar, sourdough starter (bread flour [copy exact flour subingredients], water), bacon [copy subingredients from package], fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	140	—	Estimated
Total Fat	3.5g	5%	Estimated
Saturated Fat	1.5g	9%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	10mg	3%	Estimated
Sodium	285mg	12%	Estimated
Total Carbohydrate	20g	7%	Estimated
Dietary Fiber	1g	2%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	5g	11%	Estimated
Vitamin D	0.1mcg	0%	Estimated
Calcium	43mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	55mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Pepperoni Pizza

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1070 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), pepperoni [copy subingredients from package], low moisture mozzarella, tomato paste, italian seasoning, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	3g	4%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	280mg	12%	Estimated
Total Carbohydrate	20g	7%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	9%	Estimated
Vitamin D	0.1mcg	0%	Estimated
Calcium	25mg	2%	Estimated
Iron	1mg	7%	Estimated

Potassium	53mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Sun-Dried Tomato and Basil

Serving basis: 1 slice (50 g) | about 19 servings per loaf | estimated finished loaf weight 970 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), oil-packed sun- tomatoes, basil, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	1%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	210mg	9%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	5%	Estimated
Total Sugars	2g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	9mg	1%	Estimated
Iron	2mg	9%	Estimated

Potassium	181mg	4%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Olive and Herb

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 980 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), pitted olives, italian herb blend, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	1g	1%	Estimated
Saturated Fat	0g	1%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	240mg	10%	Estimated
Total Carbohydrate	22g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	9mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	31mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Rosemary Sea Salt

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 880 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), rosemary, fine sea salt, flaky sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	270mg	12%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	33mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Caramelized Onion and Gruyère

Serving basis: 1 slice (50 g) | about 23 servings per loaf | estimated finished loaf weight 1140 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, caramelized onion, gruyère, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt, brown sugar, thyme leaves.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	2g	2%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	210mg	9%	Estimated
Total Carbohydrate	19g	7%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	1g	—	Estimated
Includes Added Sugars	0g	1%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	55mg	4%	Estimated
Iron	1mg	6%	Estimated

Potassium	40mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Buffalo Cheddar

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1010 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sharp cheddar, sourdough starter (bread flour [copy exact flour subingredients], water), buffalo sauce [copy subingredients from package], ranch seasoning [copy subingredients from package], fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	3%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	255mg	11%	Estimated
Total Carbohydrate	21g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	44mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Dill Pickle Cheddar

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1070 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sharp cheddar, sourdough starter (bread flour [copy exact flour subingredients], water), dill pickles [copy subingredients from package], fine sea salt, dill.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	3%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	250mg	11%	Estimated
Total Carbohydrate	20g	7%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	44mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	37mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Loaded Baked Potato

Serving basis: 1 slice (50 g) | about 23 servings per loaf | estimated finished loaf weight 1150 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, potato, sourdough starter (bread flour [copy exact flour subingredients], water), cheddar, bacon [copy subingredients from package], sour cream powder [copy subingredients from package], fine sea salt, chives.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2.5g	3%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	235mg	10%	Estimated
Total Carbohydrate	19g	7%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	9%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	31mg	2%	Estimated
Iron	1mg	7%	Estimated

Potassium	63mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Spinach and Artichoke

Serving basis: 1 slice (50 g) | about 22 servings per loaf | estimated finished loaf weight 1090 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), artichoke hearts, spinach squeezed very dry, parmesan, fine sea salt, garlic powder, black pepper.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	1g	1%	Estimated
Saturated Fat	0.5g	3%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	1%	Estimated
Sodium	225mg	10%	Estimated
Total Carbohydrate	20g	7%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	38mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	66mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Pesto Parmesan

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 990 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), parmesan, pesto [copy subingredients from package], fine sea salt, basil.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	2.5g	3%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	1%	Estimated
Sodium	285mg	12%	Estimated
Total Carbohydrate	22g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	5g	9%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	55mg	4%	Estimated
Iron	1mg	8%	Estimated

Potassium	40mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Cracked Black Pepper Parmesan

Serving basis: 1 slice (50 g) | about 19 servings per loaf | estimated finished loaf weight 960 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), parmesan, cracked black pepper, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	1.5g	2%	Estimated
Saturated Fat	1g	4%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	1%	Estimated
Sodium	270mg	12%	Estimated
Total Carbohydrate	22g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	5g	9%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	53mg	4%	Estimated
Iron	1mg	8%	Estimated

Potassium	36mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

French Onion

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1040 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, caramelized onion, sourdough starter (bread flour [copy exact flour subingredients], water), butter, onion soup seasoning, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	100	—	Estimated
Total Fat	1g	1%	Estimated
Saturated Fat	0.5g	2%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	1%	Estimated
Sodium	190mg	8%	Estimated
Total Carbohydrate	21g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	6mg	0%	Estimated
Iron	1mg	7%	Estimated

Potassium	40mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Taco Cheddar

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1000 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sharp cheddar, sourdough starter (bread flour [copy exact flour subingredients], water), taco seasoning [copy subingredients from package], fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	3%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	230mg	10%	Estimated
Total Carbohydrate	21g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	45mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Hot Honey Pepperoni

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1040 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), pepperoni [copy subingredients from package], mozzarella, honey, fine sea salt, crushed red pepper, italian seasoning.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	2.5g	3%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	280mg	12%	Estimated
Total Carbohydrate	21g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	1g	—	Estimated
Includes Added Sugars	1g	2%	Estimated
Protein	4g	9%	Estimated
Vitamin D	0.1mcg	0%	Estimated
Calcium	19mg	1%	Estimated
Iron	1mg	7%	Estimated

Potassium	42mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Smoked Gouda and Jalapeño

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1040 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, smoked gouda, sourdough starter (bread flour [copy exact flour subingredients], water), jalapeño, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	2%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	235mg	10%	Estimated
Total Carbohydrate	20g	7%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	42mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	42mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Wisconsin Beer Cheese

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1010 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, beer [copy subingredients from package], sharp cheddar, sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt, mustard powder [copy subingredients from package].

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	2g	3%	Estimated
Saturated Fat	1g	6%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	2%	Estimated
Sodium	230mg	10%	Estimated
Total Carbohydrate	21g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	45mg	3%	Estimated
Iron	1mg	7%	Estimated

Potassium	36mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Seasonal Garden Herb

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 900 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), mixed herbs, garlic, fine sea salt, lemon zest.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	220mg	9%	Estimated
Total Carbohydrate	23g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	0g	—	Estimated
Includes Added Sugars	0g	0%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	6mg	0%	Estimated
Iron	1mg	8%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Cinnamon Sugar Swirl

Serving basis: 1 slice (50 g) | about 19 servings per loaf | estimated finished loaf weight 950 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), brown sugar, butter, cinnamon, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	1g	1%	Estimated
Saturated Fat	0.5g	3%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	1%	Estimated
Sodium	210mg	9%	Estimated
Total Carbohydrate	25g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	3g	—	Estimated
Includes Added Sugars	3g	5%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	7mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Cinnamon Raisin

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1010 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), raisins, brown sugar, fine sea salt, cinnamon.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	195mg	9%	Estimated
Total Carbohydrate	26g	10%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	5g	—	Estimated
Includes Added Sugars	2g	3%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	8mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	68mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Apple Cinnamon

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1070 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, apple, sourdough starter (bread flour [copy exact flour subingredients], water), brown sugar, fine sea salt, cinnamon, cornstarch.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	100	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	23g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	2g	—	Estimated
Includes Added Sugars	2g	3%	Estimated
Protein	3g	5%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	6mg	0%	Estimated
Iron	1mg	7%	Estimated

Potassium	37mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Blueberry Lemon

Serving basis: 1 slice (50 g) | about 22 servings per loaf | estimated finished loaf weight 1080 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, blueberries or frozen, sourdough starter (bread flour [copy exact flour subingredients], water), sugar, fine sea salt, cornstarch, lemon zest.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	23g	8%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	2g	—	Estimated
Includes Added Sugars	2g	3%	Estimated
Protein	3g	5%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	4mg	0%	Estimated
Iron	1mg	7%	Estimated

Potassium	33mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Cranberry Orange

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1060 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), cranberries, orange zest orange, sugar, fine sea salt, cinnamon.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	26g	9%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	5g	—	Estimated
Includes Added Sugars	4g	8%	Estimated
Protein	3g	5%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	7%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Chocolate Chip

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1020 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, semisweet chocolate chips [copy subingredients from package], sourdough starter (bread flour [copy exact flour subingredients], water), fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	140	—	Estimated
Total Fat	2.5g	3%	Estimated
Saturated Fat	1.5g	7%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	195mg	9%	Estimated
Total Carbohydrate	25g	9%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	4g	—	Estimated
Includes Added Sugars	3g	7%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	8mg	1%	Estimated
Iron	2mg	9%	Estimated

Potassium	51mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Double Chocolate

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1060 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, semisweet chocolate chips [copy subingredients from package], sourdough starter (bread flour [copy exact flour subingredients], water), unsweetened cocoa powder, sugar, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	2.5g	3%	Estimated
Saturated Fat	1.5g	7%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	190mg	8%	Estimated
Total Carbohydrate	26g	9%	Estimated
Dietary Fiber	2g	7%	Estimated
Total Sugars	6g	—	Estimated
Includes Added Sugars	5g	10%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	10mg	1%	Estimated
Iron	2mg	10%	Estimated

Potassium	83mg	2%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Chocolate Cherry

Serving basis: 1 slice (50 g) | about 22 servings per loaf | estimated finished loaf weight 1090 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, semisweet chocolate chips [copy subingredients from package], sourdough starter (bread flour [copy exact flour subingredients], water), cherries, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	2g	2%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	27g	10%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	6g	—	Estimated
Includes Added Sugars	4g	7%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	8mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	57mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Maple Pecan

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 980 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), pecans, maple syrup, fine sea salt, cinnamon.

Contains: Wheat, Tree Nuts.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	140	—	Estimated
Total Fat	3.5g	4%	Estimated
Saturated Fat	0.5g	2%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	200mg	9%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	2g	—	Estimated
Includes Added Sugars	2g	4%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	10mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	54mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Brown Sugar Pecan

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1040 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), pecans, brown sugar, butter, fine sea salt, cinnamon.

Contains: Wheat, Milk, Tree Nuts.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	140	—	Estimated
Total Fat	4g	5%	Estimated
Saturated Fat	1g	4%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	1%	Estimated
Sodium	190mg	8%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	3g	—	Estimated
Includes Added Sugars	3g	6%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	9mg	1%	Estimated
Iron	1mg	7%	Estimated

Potassium	49mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Banana Walnut

Serving basis: 1 slice (50 g) | about 22 servings per loaf | estimated finished loaf weight 1080 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, banana, sourdough starter (bread flour [copy exact flour subingredients], water), walnuts, brown sugar, fine sea salt, cinnamon.

Contains: Wheat, Tree Nuts.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	3g	4%	Estimated
Saturated Fat	0.5g	1%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	23g	9%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	3g	—	Estimated
Includes Added Sugars	2g	3%	Estimated
Protein	3g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	9mg	1%	Estimated
Iron	1mg	7%	Estimated

Potassium	77mg	2%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Strawberry White Chocolate

Serving basis: 1 slice (50 g) | about 22 servings per loaf | estimated finished loaf weight 1090 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, white chocolate chips [copy subingredients from package], sourdough starter (bread flour [copy exact flour subingredients], water), strawberry preserves [copy subingredients from package], freeze- strawberries, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	140	—	Estimated
Total Fat	2g	2%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	27g	10%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	6g	—	Estimated
Includes Added Sugars	4g	8%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	8mg	1%	Estimated
Iron	2mg	8%	Estimated

Potassium	55mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Raspberry White Chocolate

Serving basis: 1 slice (50 g) | about 22 servings per loaf | estimated finished loaf weight 1090 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, white chocolate chips [copy subingredients from package], sourdough starter (bread flour [copy exact flour subingredients], water), raspberry preserves [copy subingredients from package], freeze- raspberries, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	140	—	Estimated
Total Fat	2g	2%	Estimated
Saturated Fat	1g	5%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	27g	10%	Estimated
Dietary Fiber	2g	5%	Estimated
Total Sugars	6g	—	Estimated
Includes Added Sugars	4g	8%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	10mg	1%	Estimated
Iron	2mg	9%	Estimated

Potassium	61mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Lemon Poppy Seed

Serving basis: 1 slice (50 g) | about 19 servings per loaf | estimated finished loaf weight 950 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), sugar, lemon juice, poppy seeds, lemon zest, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	1g	1%	Estimated
Saturated Fat	0g	1%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	210mg	9%	Estimated
Total Carbohydrate	25g	9%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	2g	—	Estimated
Includes Added Sugars	2g	4%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	24mg	2%	Estimated
Iron	1mg	8%	Estimated

Potassium	44mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Pumpkin Spice

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 1000 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, pumpkin puree, sourdough starter (bread flour [copy exact flour subingredients], water), brown sugar, pumpkin pie spice, fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	110	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	200mg	9%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	2g	—	Estimated
Includes Added Sugars	2g	4%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	8mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	65mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Gingerbread

Serving basis: 1 slice (50 g) | about 18 servings per loaf | estimated finished loaf weight 920 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), molasses, fine sea salt, ginger, cinnamon, cloves.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	0.5g	0%	Estimated
Saturated Fat	0g	0%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	215mg	9%	Estimated
Total Carbohydrate	26g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	2g	—	Estimated
Includes Added Sugars	2g	4%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	12mg	1%	Estimated
Iron	2mg	9%	Estimated

Potassium	88mg	2%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Snickerdoodle

Serving basis: 1 slice (50 g) | about 19 servings per loaf | estimated finished loaf weight 950 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), sugar, butter, cinnamon, fine sea salt.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	120	—	Estimated
Total Fat	1g	1%	Estimated
Saturated Fat	0.5g	3%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	1%	Estimated
Sodium	205mg	9%	Estimated
Total Carbohydrate	25g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	3g	—	Estimated
Includes Added Sugars	3g	6%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	5mg	0%	Estimated
Iron	1mg	7%	Estimated

Potassium	31mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Cinnamon Roll Sourdough

Serving basis: 1 slice (50 g) | about 20 servings per loaf | estimated finished loaf weight 990 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), brown sugar, butter, cinnamon, fine sea salt, vanilla extract.

Contains: Wheat, Milk.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	1.5g	2%	Estimated
Saturated Fat	1g	4%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	5mg	1%	Estimated
Sodium	200mg	9%	Estimated
Total Carbohydrate	25g	9%	Estimated
Dietary Fiber	1g	3%	Estimated
Total Sugars	4g	—	Estimated
Includes Added Sugars	3g	7%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	7mg	1%	Estimated
Iron	1mg	7%	Estimated

Potassium	35mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

S'mores

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1070 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), semisweet chocolate chips [copy subingredients from package], mini marshmallows [copy subingredients from package], graham crackers crushed [copy subingredients from package], fine sea salt.

Contains: Wheat.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	130	—	Estimated
Total Fat	2g	2%	Estimated
Saturated Fat	1g	4%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	205mg	9%	Estimated
Total Carbohydrate	26g	10%	Estimated
Dietary Fiber	1g	4%	Estimated
Total Sugars	4g	—	Estimated
Includes Added Sugars	4g	8%	Estimated
Protein	3g	6%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	7mg	1%	Estimated
Iron	1mg	8%	Estimated

Potassium	45mg	1%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Almond Joy

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1070 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), chocolate chips [copy subingredients from package], sweetened coconut, almonds, cocoa powder, fine sea salt.

Contains: Wheat, Tree Nuts.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	150	—	Estimated
Total Fat	4.5g	6%	Estimated
Saturated Fat	2.5g	13%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	185mg	8%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	2g	7%	Estimated
Total Sugars	3g	—	Estimated
Includes Added Sugars	2g	4%	Estimated
Protein	4g	7%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	13mg	1%	Estimated
Iron	2mg	9%	Estimated

Potassium	79mg	2%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.

Peanut Butter Chocolate Chip

Serving basis: 1 slice (50 g) | about 21 servings per loaf | estimated finished loaf weight 1050 g

Draft Ingredient Statement

Ingredients: bread flour [copy exact flour subingredients], water, sourdough starter (bread flour [copy exact flour subingredients], water), chocolate chips [copy subingredients from package], peanut butter, peanuts, fine sea salt.

Contains: Wheat, Milk, Peanuts.

Package check required. Replace each bracketed note with the exact component ingredients and allergen information from the package in use.

Estimated Nutrition Facts Per 50 g Serving

Nutrient	Amount	Daily Value	Calculation
Calories	150	—	Estimated
Total Fat	4g	5%	Estimated
Saturated Fat	1.5g	7%	Estimated
Trans Fat	0g	—	Estimated
Cholesterol	0mg	0%	Estimated
Sodium	205mg	9%	Estimated
Total Carbohydrate	24g	9%	Estimated
Dietary Fiber	1g	5%	Estimated
Total Sugars	3g	—	Estimated
Includes Added Sugars	2g	5%	Estimated
Protein	4g	8%	Estimated
Vitamin D	0mcg	0%	Estimated
Calcium	9mg	1%	Estimated
Iron	2mg	9%	Estimated

Potassium	74mg	2%	Estimated
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Estimate status: Recipe calculation only. Verify finished weight, brands, package subingredients and regulatory requirements before using this on a retail label.